

energize your business

[PASSION + PURPOSE = PROSPERITY]

YOU Are the Creator of Your Life

Balancing Heart and Mind

****Special Saturday Program****

- Bring your heart and mind into a new relationship
- See how you create the emotional quality of your days
- Create your life from joy, peace, acceptance and love
- Share with a like-minded and like-hearted group

In this 4-hour program, we combine conversations and teachings about the nature of the mind with practices that bring us back to our heart center. This program will be co-hosted by Gayle Franceschetti and Kevin Murray, and includes a guest appearance by author and speaker Meghan McChesney Gilroy. Kevin, Gayle and Meghan are teachers in the lineage of don Miguel Ruiz, author of *The Four Agreements*.

When: November 14th -1:00 to 5:00 p.m.

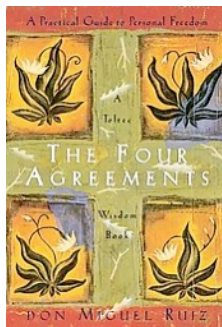
Where: in the Cheshire, CT area

Cost: \$35

for more information contact:

Kevin by phone at 203.410.8150 or by email at kevin@earthandlight.com

Please visit www.earthandlight.com to learn about other programs and events.



Energize Your Business programs take you through inspiring and heart-based experiences. You learn to leverage your time and your money and you generate maximum joy and income with a minimum of time and effort.



Create a business that excels in supporting you – both financially and spiritually.

Kevin Murray

Kevin helps people connect their spiritual and business lives, creating balance, abundance and joy. He is a Toltec teacher in the lineage of don Miguel Ruiz, Bestselling author of *The Four Agreements*, and is an Associate Teacher with Life Mastery Programs. Kevin is the Founder and President of Sebago Energy Conservation. He has applied these principals in his own life creating success in business and balance in life. Kevin has guided individuals and groups since 1995.

“Your guidance was very motivating and proved to be very profitable for me... I finally feel like I can put my self care as a top priority, and create balance in my life.” – K.B.

**Join us for a magical
experience at the
Pyramids of Teotihuacan
February 2010**