



ARE YOU READY FOR A **BOOST?**

Complimentary Session Preparation

The biggest CHALLENGES, FRUSTRATIONS and OBSTACLES in front of me now are:

The biggest OPPORTUNITIES in front of me now are:

What would be the BIGGEST SHIFTS you'd like to create now:

What I would want to work on in a coaching relationship in terms of:
Goals / Projects / Change / Personal Growth

If this was a FANTASTIC SESSION

What do you know? / How do you feel? / What ACTIONS are you ready to take?

Please email this to kevin@earthandlight.com

Or fax to 203.250.0007 and we'll schedule your **Complimentary Session**

Name: _____
Phone: _____
Email: _____